



CLP Self-Assessment Guide

Members may choose to use this optional tool to guide their self-reflection to meet the annual Career-long Learning Program requirement. It is not required that members complete this form and RPNAS will never ask to see this form.

1. I take responsibility for my own professional actions.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

2. I am aware of how my values and beliefs affect my nursing practice.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

3. I acknowledge the limits of my own knowledge or ability

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

4. I show initiative for my own learning.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

5. I integrate evidence-informed knowledge into my psychiatric nursing practice.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

6. I initiate and/or participate in changes that improve the service I am delivering and/or psychiatric nursing practice.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

7. I use honesty and tact when conveying information.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

- 8. I use clear verbal communication (e.g. language, speed, amount of information).**
Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

- 9. I listen and respond to others respectfully.**
Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

- 10. I compose clear and useful written communication**
Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

11. I consult with other professionals when indicated.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

12. I collaborate with and involve people in decisions that affect them as appropriate (may apply to clients, employees, others).

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

13. I collaborate with other professionals.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

14. I show willingness to guide or teach others.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

15. I treat others with respect (including colleagues, students, clients, family members, research assistants, research participants, employees).

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

16. I practice in a way that considers others' needs (including clients, colleagues, students, employees, others)

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

17. I practice according to the principles of informed consent and maintain confidentiality of others' personal information.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

18. I establish and maintain appropriate boundaries in relationships.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

19. I take action to address ethical issues.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

20. I use the nursing process to inform decisions in my psychiatric nursing practice.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

I have selected this aspect of practice as a priority for this year's learning

I have not selected this aspect of practice as a priority for this year's learning

21. I am self-aware in my professional relationships (this may include relationships with clients, colleagues, students, employees, or other).

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

22. I recognize and resolve conflicts within my work with others.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

23. I demonstrate the professional behaviour expected of a psychiatric nurse within my role.

Reflect on how you demonstrate this behaviour:

Thoughtfully consider this behaviour and select one of the below:

- I have selected this aspect of practice as a priority for this year's learning
- I have not selected this aspect of practice as a priority for this year's learning

Based on this self-assessment, I want to grow or improve my practice regarding:

- Standard 1: Therapeutic relationships
- Standard 2: Competent, evidence-informed practice
- Standard 3: Professional responsibility and accountability
- Standard 4: Leadership and collaboration in quality psychiatric nursing practice
- Standard 5: Professional ethical practice

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